Introduction:
Burnout syndrome is an illness that has increasingly affected health professionals. It is characterized by great emotional stress, physical and mental exhaustion and depersonalization of the individual. More serious cases can lead to job loss or even suicide. The described work identifies the burnout level of the multidisciplinary team through a specific questionnaire.

Methods:
Application of a questionnaire suitable for the multidisciplinary group in November 2019. The same was answered by 85 professionals among physicians and nursing team. There was no identification of employees.

Results:
After analysis of the results it is observed that 50% of the group presents initial burnout, 30% with the syndrome installed and about 5% with characteristics of greater severity. Main factors found were: mental and physical exhaustion during the work day, the level of responsibility existing in the activity and the perception of disproportionate remuneration by work performed.

Conclusion:
All interviewees presented some degree of burnout or high risk to develop it. The most severe cases should be traced through occupational medicine and anti-stress measures with reorganization of work performance should be discussed in order to reduce the prevalence of this syndrome.