**Introduction:**
Intensive care units (ICU) are not comfortable for patients, relatives or next of kin. In the last years many news approaches were described to implement the humanization of medical treatments. The positive effect of music therapy in ICU is well described, especially reducing delirium risk[1]. The aim of this paper is describing the effect in patients and their family of a music live performance in ICU.

**Methods:**
After Ethical Committee approval (Procedure AOU 0018356/18, Italy) for three months (November 2018-January 2019) patients in ICU were treated twice a week with live music therapy performed by Coral Vecchi-Tonelli of Modena, Italy. Data were collected all awake and conscious patients. Vitals parameters, GCS, RAAS and CAM ICU were collected before, during and after the treatment, at every performance. After the treatment a feedback questionnaire were given to patients and to next of kin.

**Results:**
18 subjects were enrolled in the research with mean age of 66.66 years old, delirium rate before the treatment was 16.38% later 15.38%, RAAS does not show any difference. Over 85% of patients were satisfied, and relatives felt less anxiety. We recorded also a satisfaction also in relatives not enrolled.

**Conclusion:**
The study does not demonstrate a delirium risk reduction for the small sample and the length treatment, anyway it was recorded a low delirium rate. The safety and the potential effect of music therapy are well known, surely the research underlines the feeling of patients and their next of kin: ICU is the most stressful setting for admitted patients and its humanization is a current topic for medical literature. Live performances could be an entertainment moment and probably create a moment of an interaction among patients, their family and medical and nurse: ICU become more Human. The high level of satisfaction push us to continue this experience.

**References:**

**Image:**

*Live performance of music therapy in ICU*